

NNS Health and Safety Plan

Revised August 2023

Our guidelines are based on recommendations from:

- The New York State Education Department
- The New York State Department of Health
- The Center for Disease Control

The Northport-East Northport School district has a plan that has been reviewed and considered.

It should be noted that all guidelines may change at any time. We reserve the right to do so.

Parent Participation/Visitors

Parent participation in the classrooms/building will take place in 3s and 4s classes. This will be reviewed and reconsidered throughout the school year.

Classroom Size/Occupancy Standards

- 2s: Up to 12 children in each class
- 3s: Up to 14 children in each class
- 4s: Up to 18 children in each class
- Summer Camp: Up to 20 children

Each class will have a designated time where they will spend the session in our outdoor classroom weather permitting. Indoor classrooms will be properly ventilated by having windows open to allow for fresh air. When necessary, heating/cooling units will be utilized. Units will be maintained and filters cleaned regularly. PLEASE make sure your child comes to school dressed in appropriate all-weather outdoor gear. For example, appropriate jackets/coats (rain/snow), sneakers, boots (rain/snow), hats, mittens, etc. We will go outside in all kinds of weather when the temperature is close to 32 degrees. Quite often, it is below freezing at arrival, but it warms up by the time we are scheduled to be outside. Please send all-weather gear every day. No umbrellas.

Classroom Supplies/Schedules

A complete change of clothes (shirt, pants, socks, underwear) in a SMALL LABELED shoebox will be provided by the parent to be kept at school in the child's cubby.

At this time, children should NOT bring a backpack/bag to school. If a bag is needed during the year, we will let you know.

Hygiene/Cleaning/Disinfecting

Hand washing will continue to be a top priority at NNS. Students and staff shall practice frequent hand washing with soap and water for at least twenty seconds, scrubbing thoroughly, and drying with paper towels

- Upon arriving at school
- Before snacks
- After using the restroom
- Periodically throughout the day
- Any other times that require such hand hygiene.

Hand sanitizer will also be available for when hand washing is not possible. It should not replace hand washing, which is the most effective protection against germs and the spread of disease. The use of hand sanitizers by children will be done under the direct supervision of an adult.

One staff member will be a designated floater/cleaner. They will be solely responsible for cleaning and disinfecting each and every day. We will follow CDC guidelines for cleaning and disinfecting. As always, we will continue to use a bleach/water solution that follows the CDC recommendations:

- 5 tablespoons (1/3 cup) bleach per gallon of room temperature water or
- 4 teaspoons bleach per quart of room temperature water

Bleach solutions will be made fresh each day. High touch surfaces will be disinfected with this throughout the session. After each session, each classroom and bathroom will be cleaned and disinfected. All floors will be vacuumed, mopped and disinfected daily after each session.

Illness/COVID-19 Health Policy

Please do your part and do not send your child to school when he/she is not well.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. Staff and students will be monitored throughout the day for signs of illness. Symptoms of COVID-19 potentially include the following:

- Fever of 100.0 degrees Fahrenheit or higher
- Cough
- Shortness of breath/difficulty breathing
- Loss of taste or smell
- Congestion/runny nose
- Nausea/vomiting/diarrhea
- Muscle/body aches
- Fatigue
- Sore throat
- Headache

We will defer to the Department of Health for any and all guidance in respect to COVID-19 matters. Please consult your physician if you have any questions related to COVID-19.

Children or staff members exhibiting the symptoms above must be sent home immediately according to an established protocol and according to the best judgment and discretion of the Director or her designee.

If an individual has a Covid exposure with a close contact (ex, in-house family member), the CDC guidelines should be followed:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

As recommended by the CDC and the NYS Department of Health, students and staff who are exposed are no longer required to quarantine at home for 10 days.

Return to School after Illness

If a person is not well, they should stay home. They may return to school once there is no fever, without the use of fever reducing medicines, they have felt well for 24 hours **and are symptom free (no runny nose, cough, etc.)**. Please note that it takes 8-10 days for most viruses to run their course.

Again, please do your part and do not send your child to school when he/she is not well.

Considerations will be given to those persons with a doctor's medical diagnosis of seasonal allergies. The school will require a doctor's note for seasonal allergies.

If a person is diagnosed with COVID-19 by a healthcare provider based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should not be at school and should stay at home.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

*If you have a note from a medical professional, **we need you to scan the note and email it to us prior to your child's return** (TurboScan is a useful app for this and other important documents).*

If your child was absent due to family business or a household member who is sick or Covid positive, please notify us of that also.

In keeping with HIPAA law, the identity of a positive COVID-19 individual may not be revealed.

Remote/Distance Learning

In the event that we close and move to distance learning, June tuition will be applied to four weeks of distance learning. It will then be determined if the school will reopen or remain closed.

Communication

Pick-up information and absences should be directed to the office AND the classroom teacher via email. School matters (tuition and emergencies) should be directed to the office. If you have

questions or concerns regarding your child, please contact the classroom teacher by calling the school or emailing the teacher directly. If you have paperwork (notes, tuition checks, forms) that needs to go into the school, you may hand that to the greeter at the front door.

Consistent with prior years, a family information form, a medical form, a dental form (3s and 4s only) will need to be submitted prior to your child's first day.